

the *f* word:
stories of forgiveness

Touring exhibition information

Background information

In a world where retaliation and revenge grab all the headlines, *The F Word* exhibition aims to start a different conversation by sharing the stories of people whose lives have been shattered by violence, tragedy and injustice but who have chosen to explore forgiveness and reconciliation.

The F Word is the brainchild of British journalist Marina Cantacuzino and photographer Brian Moody. They collected stories from across the globe and the original exhibition was launched to wide acclaim at the Oxo Tower Gallery, London in January 2004. During the two week exhibition period it was visited by around 6000 people and since then the exhibition has been seen in more than 550 venues, across 14 countries, to an audience of over 70,000 people.

The intense interest in the exhibition led to the creation of The Forgiveness Project. The Forgiveness Project is a UK based charity which works with people who have experienced hurt and trauma to understand how we can heal, restore and rehumanise.

The Forgiveness Project is about enquiry and exploration. We do not promote forgiveness as the only way to heal past wounds, but rather explore its limits and possibilities through individual personal experience. Forgiveness is not held up as a magic bullet or a panacea for all ills. Rather the stories reveal the journey to be tough but compelling, often painful and costly but also potentially transformative. We do not claim to have all the answers, but rather invite people to consider some extreme examples of hurt and trauma as a means of examining unresolved issues in their own lives.

Contact details

The Forgiveness Project

+44 (0) 7395 827709

exhibition@theforgivenessproject.com

www.theforgivenessproject.com



www.youtube.com/user/ForgivenessVideo



www.twitter.com/ForgivenessProj



www.facebook.com/ForgivenessProj

Hiring the exhibition in the UK

There are three editions of the exhibition for hire in the UK, each in a different format. All formats are charged at a weekly rate of £400.

1. Stand exhibition:



A free standing exhibition (including 12 metal stands).
Includes 23 stories and 2 introduction panels = 48 panels in total.

The stand exhibition is substantial and heavy.
It requires a small van and a minimum of two strong people to transport and assemble.

Dimensions when packaged:

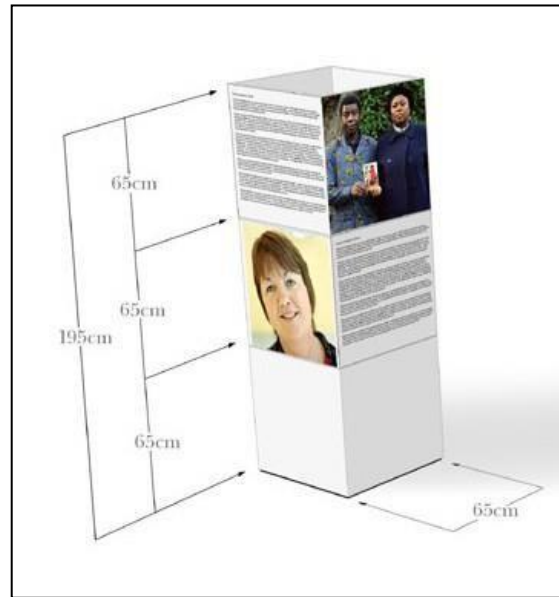
6 x boxes 80 cm x 70 cm x 15 cm (approx. weight 30 kg each)
4 x bags approx. 2 m x 0.5 m (approx. weight 10 kg each)

Dimensions when assembled: 12 x stands 2 m wide x 0.5 m deep

Stories included (see stories page on website for details):

- | | |
|----------------------------------|---------------------------------|
| 1. Eva Kor | 12. Robi Damelin |
| 2. Bud Welch | 13. Assaad Emile Chaftari |
| 3. John Carter | 14. Linda Biehl/Easy Nofemela |
| 4. Ginn Fourie/Letlapa Mphahlele | 15. Arno Michaelis |
| 5. Sammy Rangel | 16. Marian Partington |
| 6. Camilla Carr/Jon James | 17. Mary Johnson/ Oshea Israel |
| 7. Jo Berry/Pat Magee | 18. Shad Ali |
| 8. Samantha Lawler | 19. Ghazi Briegeth/Rami Elhanan |
| 9. Katy Hutchison/Ryan Aldridge | 20. Mary Kayitesi Blewitt |
| 10. Gill Hicks | 21. Jean Paul Samputu |
| 11. Wilma Derksen | 22. Ray Minniecon |
| | 23. Hanneke Coates |

2. Tower exhibition:



6 free standing panelled square towers.
Includes 22 stories and 1 introduction panel.

The tower exhibition is packaged in 8 reasonable heavy boxes and ideally requires two people to carry, especially if up and down stairs. The boxes will fit in most estate cars or in a small van.

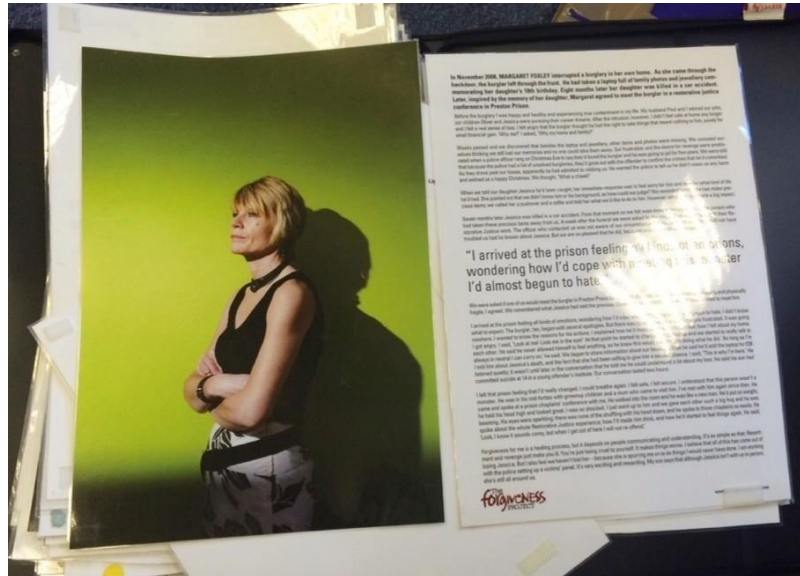
Dimensions when packaged: 8 x boxes 79 cm x 78 cm x 14.5 cm

Dimensions when assembled: 6 x towers 195 cm high x 65 cm x 65 cm

Stories included (see stories page on website for details):

1. Intro panel
2. Alistair Little
3. Andrew Rice
4. Azim Khamisa & Ples Felix
5. Bassam Aramin
6. Bud Welch
7. Camilla Carr & Jon James
8. Celia McWee
9. Eva Kor
10. Ghazi Briegeith & Rami Elhanan
11. Gill Hicks
12. Ginn Fourie & Letlapa Mphahlele
13. Jo Berry/Pat Magee
14. John Carter
15. Katy Hutchison & Ryan Aldridge
16. Khaled al---Berry
17. Linda Biehl & Easy Nofemela
18. Marie Fatayi---Williams
19. Mary Blewitt
20. Phyllis Rodriguez & Aicha el-Wafi
21. Richard McCann
22. Simon Wilson
23. Sue Hanisch

3. Laminated exhibition



A lightweight version of the exhibition comprising of 26 stories and 1 introduction panel on laminated sheets of card (52 panels altogether).

Panels are A2 in size (42 x 59.4 cm), and come in a portfolio folder.

The panels need to be attached to walls/exhibition stands (not supplied) with adhesive velcro (not supplied but easily obtainable from DIY stores).

Stories included (see stories page on website for details):

- | | |
|------------------------------------|--------------------------------|
| 1. Intro panel | 14. Linda Biehl /Easy Nofemela |
| 2. Andrew Rice | 15. Magdeline Makola |
| 3. Azim Khamisa/ Ples Felix | 16. Margaret Foxley |
| 4. Bjørn Ilher | 17. Marian Partington |
| 5. David Rogers | 18. Mary Blewitt |
| 6. Debbie McLeland | 19. Mary Foley |
| 7. Eric Lomax | 20. Michael Lapsley |
| 8. Ghazi Briegeth /Rami Elhanan | 21. Matthew Shurka |
| 9. Jo Berry/Pat Magee | 22. Peter Woolf/Will Riley |
| 10. John Carter | 23. Ray Minniecon |
| 11. Katy Hutchison & Ryan Aldridge | 24. Rebecca DeMauro |
| 12. Kemal Pervanic | 25. Tim and Grace Idowu |
| 13. Leatitia van Loggerenberg | 26. Yulie Cohen |

Transport

The hire fee excludes transportation. It is the responsibility of the hirer to collect and return the exhibition to London. For an additional cost, The Forgiveness Project may be able to arrange transportation.

Insurance

The Forgiveness Project provides insurance for the *whole* exhibition for loss and damage only. Any loss or damage to any of the *individual* boards or panels is the responsibility of the hirer (please see contract).

N.B. - The Forgiveness Project does *not* provide for public liability insurance while the exhibition is in use. *Public Liability insurance is a requirement and the responsibility of the hirer.*

Assembly of exhibition

Assembly guidelines are provided with the exhibition - we ask that hirers please follow these guidelines to ensure personal safety and to keep the exhibition in good condition.

Support materials

A press release and digital logos are available on request for publicity purposes. In the UK, catalogues and heart badges are available on a sale and return basis; leaflets are free of charge.